



LENAPE VOCATIONAL TECHNICAL SCHOOL

2215 CHAPLIN AVENUE

FORD CITY, PENNSYLVANIA 16226

Regular Meeting: The Wellness Committee convened at 2:00 PM on April 3, 2017 in the Administrative Conference Room at Lenape Technical School, 2215 Chaplin Avenue, Ford City, PA 16226.

Roll Call:

Present

Absent

Karen Brock, Administrative Director
Pam Adams, Coordinator of Food & Nutrition
Kathy Schnaubelt, School Nurse
Doug Anthony, Physical Ed/Health Instructor
Diana Heuser, Parent
Kiara Anthony, Culinary Student (Senior)
Karen McCausland, Culinary Student (Junior)

Guest Present:

None

I. Wellness Policy

Mrs. Brock reviewed the Wellness Policy and explained the JOC approval process.

II. School Health Index (Handout)

- a. Strengths and Challenges data.
- b. Action Plan for 2017-2018 school year
 - i. Possibly put together a walking group during lunch after student finish eating.
 - ii. Implement a spinach salad during lunch
 - iii. Sample having fruit/vegetables during break (could be incorporated with the Culinary arts program)
 - iv. Increase breakfast participation.
 - v. Introduce students to new types of greens.

III. Next meeting will be held in September with the exact date to be determined.